

WWP News & Media: Veteran Group Outings, Charity Events, Helping Vets

## Wounded Warrior Project and LivingWorks Share Suicide Prevention Strategies at Mental Health Conference

JACKSONVILLE, Fla., April 3, 2025 /PRNewswire/ -- Wounded Warrior Project® (WWP) and LivingWorks joined forces at the American Association of Suicidology (AAS) conference this week to share strategies for reducing veteran suicide. The session, "Building Suicide-Safe Communities," emphasized the importance of a proactive, community-focused approach to reducing suicide risk for post-9/11 military families.

The presentation focused on the importance of collaboration between mental health professionals and community stakeholders to create environments where suicide prevention is a shared responsibility. [LivingWorks](#), a global leader in evidence-based suicide intervention training, has decades of expertise in equipping individuals and organizations with tools to recognize and address suicide risk early.

This session also included a look into WWP's Suicide Protocol. This framework is designed to identify veterans at low to moderate risk for suicide, offering support before they reach a crisis point.

"When we involve communities and educate them about suicide risk, we can create safer environments for more than just the warriors we serve," says Lindsey Gray, suicide prevention manager at Wounded Warrior Project. "Protecting against suicide is something everyone can learn to do."

According to the Department of Veterans Affairs' latest national suicide report, veterans die by suicide at a rate approximately 72% higher than non-veteran adults in the U.S., even after adjusting for age and sex. WWP's latest [Warrior Survey](#) reveals nearly 1 in 3 warriors have experienced suicidal thoughts within the past year.

### Understanding Suicide Risk Among Female Veterans

WWP also hosted a panel discussion featuring perspectives from veterans who have dealt with suicidal ideation and mental health advocates, offering actionable strategies to address stigma and create more accessible, gender-sensitive support systems.

Nearly 30% of post-9/11 women warriors surveyed by WWP report experiencing suicidal ideation, often linked to compounding factors such as military sexual trauma or limited access to gender-sensitive mental health care.

The [American Association of Suicidology Conference](#) is taking place March 30 to April 4 in Columbus, Ohio.

*If you, or someone you know, needs support, you can call, text, or chat with the National Suicide Prevention Lifeline. Call 988 or contact the Crisis Text Line by texting "TALK" to 741741. For a list of resources and helpful information, please visit [woundedwarriorproject.org/preventsuicide](https://woundedwarriorproject.org/preventsuicide).*

### About Wounded Warrior Project

Since 2003, Wounded Warrior Project® (WWP) has been meeting the growing needs of warriors, their families, and caregivers — helping them achieve their highest ambition. [Learn more about Wounded Warrior Project.](#)

SOURCE Wounded Warrior Project

For further information: Amanda Chaney, Public Relations, [achaney@woundedwarriorproject.org](mailto:achaney@woundedwarriorproject.org), 904.776.6031

---

Additional assets available online: [Photos \(2\)](#)

<https://newsroom.woundedwarriorproject.org/2025-04-03-Wounded-Warrior-Project-and-LivingWorks-Share-Suicide-Prevention-Strategies-at-Mental-Health-Conference>