

Wounded Warrior Project Sets Sights on 2020

## Veterans Charity Growing and Adapting to Meet Warrior Needs

JACKSONVILLE, Fla. (Jan. 7, 2020) – As we start a new year, Wounded Warrior Project® (WWP) now more than ever, continues to meet the growing needs of the wounded veteran population it serves. The veterans charity started in 2003, delivering backpacks to wounded warriors at Walter Reed Medical Center in Washington, DC. WWP has grown to providing programs and services that impact millions of veterans and families across the country and around the world.

### Mental Health

In fiscal year 2019, WWP served more than 2,100 warriors and families through [Warrior Care Network®](#). The innovative partnership provides clinical mental health treatment in a condensed and intensive program, at no cost to the veteran or family. Warrior Care Network significantly reduces PTSD symptoms and improves quality of life.

More than 2,500 warriors and spouses participated in WWP [mental health workshops](#) to overcome challenges and learn new coping skills. Nearly 1,400 warriors got involved in WWP [telephone support](#), with 90% meeting at least one goal through the program.

“Wounded Warrior Project registered more than 50 veterans and family members every day this past year, clearly demonstrating the need for the life-changing programs and services we offer,” said WWP CEO Lt. Gen. (Ret.) Mike Linnington. “Our nation’s support goes a long way to helping veterans in their recovery and rehabilitation.”

### Financial Wellness

WWP veteran financial wellness programs help warriors navigate the VA benefit system and find new civilian careers. In 2019, these programs led to nearly \$220 million in benefits and salaries. The average salary for a newly hired veteran in a full-time position was more than \$51,000.

## Physical Health & Wellness

WWP's physical health and wellness coaching program continues to positively impact the lives of veterans. Warriors who participated in the program lost more than 10,000 pounds in fiscal year 2019. WWP's efforts in adaptive sports expanded as well. WWP partnered with the VA at a summer sports clinic in San Diego teaching adaptive cycling, among many adaptive sports programs provided.

In 2020, WWP will continue to meet the growing needs of today's generation of wounded veterans. Learn about how WWP is transforming the way America's injured veterans are empowered, employed, and engaged [here](#).

## About Wounded Warrior Project

Since 2003, Wounded Warrior Project® (WWP) has been meeting the growing needs of warriors, their families, and caregivers – helping them achieve their highest ambition. [Learn more](#).

## Contact

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Additional assets available online: [Photos \(1\)](#)

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