

## Local Veteran Appears on 'Dr. Phil' Episode Focuses on Warrior Recovery with Help From Veterans Charity



*Army veteran Mark Lalli shared his story with Dr. Phil, from surviving a helicopter crash, to connecting with other veterans, and even meeting his wife at a Wounded Warrior Project event.*

---

TAMPA, Fla., Dec. 18, 2018 /PRNewswire/ -- He survived a helicopter crash, and now Florida veteran Mark Lalli is sharing his story this week with Dr. Phil.

On the show, airing Wednesday (check local listings: <https://www.drphil.com/local-listings>), Mark tells Dr. Phil about how his life changed after surviving the crash and how he met with someone from [Wounded Warrior Project®](#) (WWP) almost immediately after the crash to aid in his recovery.

"Without that conversation, and the continued support of Wounded Warrior Project, I'm not sure where I would be today," Mark said.

Mark credits WWP in his recovery and with [helping him become a mentor to other injured veterans](#). Mark also met his wife, Margo, at a WWP event. She joined the show remotely while staying home with the couple's young twins.

WWP Vice President of Independence Services and Mental Health Programs Lt. Col. (Ret.) Mike Richardson joined Mark on the show to talk about how the organization tailors its programs to meet the challenges warriors face. He also explained how veterans get free help for post-traumatic stress and traumatic brain injury.

[Warriors never pay a penny for WWP programs](#) – they paid those dues on the battlefield. WWP's free services in mental health, career counseling, and long-term rehabilitative care change lives. Support veterans at <https://wwp.news/Donate>.

### **About Wounded Warrior Project**

Since 2003, Wounded Warrior Project® (WWP) has been meeting the growing needs of warriors, their families, and caregivers – helping them achieve their highest ambition. Learn more: <http://newsroom.woundedwarriorproject.org/about-us>.

SOURCE Wounded Warrior Project

For further information: Rob Louis - Public Relations, [rlouis@woundedwarriorproject.org](mailto:rlouis@woundedwarriorproject.org), 904.627.0432

---

<https://newsroom.woundedwarriorproject.org/2018-12-18-Local-Veteran-Appears-on-Dr-Phil>