WWP News & Media: Veteran Group Outings, Charity Events, Helping Vets

CSX Named Presenting Sponsor of Wounded Warrior Project Carry Forward 5K

JACKSONVILLE, Fla., Aug. 30, 2018 / PRNewswire / -- Wounded Warrior Project® (WWP) is excited to announce CSX® as presenting sponsor of its new Carry Forward™ 5K fitness challenge.

"CSX is proud to partner with Wounded Warrior Project to honor the men and women who have so bravely served our country," said James M. Foote, president and chief executive officer of CSX. "As an employer of many veterans and active duty military members, CSX is thrilled to help launch this fun and challenging 5K event, which will help raise much-needed support for veterans and their families."

Carry Forward is a fitness challenge and fundraiser that helps wounded warriors access free life-changing programs.

"Carry Forward gives our loyal supporters a great opportunity to get involved in their communities and give back to those who gave so much to us," said WWP CEO Lt. Gen. (Ret.) Mike Linnington. "CSX is making this possible with its presenting sponsorship of this brand-new event, and we're extremely grateful. Carry Forward will help forge stronger bonds between warriors, their communities, and those who support Wounded Warrior Project."

Carry Forward, delivered by CSX, will challenge individuals and squads to test their strength and stamina with three levels of participation:

FLAG: Show your patriotism and support of warriors everywhere by carrying a flag throughout the route.

FITNESS: Push yourself and show your commitment by carrying a 1- to 100-pound weight as you run or walk.

FIERCE: The ultimate challenge for the ultimate supporter – carry one another. As warriors have carried us, we will carry them.

Carry Forward will arrive in San Diego Oct. 6, Nashville Oct. 13, and Jacksonville Nov. 10. You can also participate virtually and walk or run your own Carry Forward 5K – anytime, anywhere. Registration is open at http://carryforward.woundedwarriorproject.org.

Follow us on social media at http://www.instagram.com/wwpcarryforward.

About Wounded Warrior Project

Since 2003, Wounded Warrior Project[®] (WWP) has been meeting the growing needs of warriors, their families, and caregivers – helping them achieve their highest ambition. Learn more: http://newsroom.woundedwarriorproject.org/about-us.

About CSX

CSX, based in Jacksonville, Florida, is a premier transportation company providing rail, intermodal and rail-to-truck transload services to customers across a broad array of markets. The CSX network connects every major metropolitan area in the eastern United States, covering nearly two-thirds of the nation's population.

SOURCE Wounded Warrior Project

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Additional assets available online: Photos (1)

 $\underline{https://newsroom.woundedwarriorproject.org/2018-08-30-CSX-Named-Presenting-Sponsor-of-Wounded-Warrior-Project-Carry-Forward-5K}$