WWP News & Media: Veteran Group Outings, Charity Events, Helping Vets

Bullseye! Wounded Warriors Find Peer Support at Archery Event

DUNCANSVILLE, Pa., July 6, 2018 / PRNewswire-USNewswire -- Injured veterans and their guests gathered to share in

camaraderie, while testing their skills at an archery event with Wounded Warrior Project® (WWP).

"As an active bow hunter, I got in some great practice and made a few new friends," said Army National Guard vetera Gene

Frye. "The event was an opportunity to talk with other veterans who share similar experiences as me."

Isolation is one of the most significant struggles wounded warriors deal with after serving their country. It can be difficult knowing

how to overcome that challenge and rekindle bonds similar to those formed in the military. WWP programs offer settings that

provide opportunities for warriors to experience veteran peer support.

Warriors received professional archery tips and practiced their bow skills on three outdoor ranges, including simulated hunt and

3D pop-up ranges. They also had the opportunity to socialize with others during a group lunch.

"It was a memorable event," said Army veteranChris Oester. "Wounded Warrior Project and their event folks always do a great

job at making us warriors feel at ease."

Activities like archery and socializing with other veterans can help injured warriors cope with stress and emotional concerns. In a

WWP survey (https://www.woundedwarriorproject.org/survey) of the injured warriors it serves, more than half of survey

respondents (51.6 percent) expressed they talk with fellow veterans to address their mental health issues, and 30.3 percent

indicated physical activity helps.

"This event was only the beginning," Gene said. "My wife and I are going to horse therapy later in the month. Wounded Warrior

Project has helped me recapture my pride and renew my family ties."

WWP connects warriors with one another, their families, and communities. It serves warriors through lifesaving programs and

services targeting mental and physical health, career and benefits counseling, and support for the most severely wounded. And

WWP empowers warriors to mentor other veterans and live life on their terms.

To learn more, visit https://www.woundedwarriorproject.org/programs/alumni.

About Wounded Warrior Project

Since 2003, Wounded Warrior Project® (WWP) has been meeting the growing needs of warriors, their families, and caregivers -

helping them achieve their highest ambition. Learn more: http://newsroom.woundedwarriorproject.org/about-us.

SOURCE Wounded Warrior Project

For further information: Rob Louis - Public Relations, rlouis@woundedwarriorproject.org, 904.627.0432

Additional assets available online: Photos (1)

https://newsroom.woundedwarriorproject.org/2018-07-06-Bullseye-Wounded-Warriors-Find-Peer-Support-at-Archery-Event