

WWP News & Media: Veteran Group Outings, Charity Events, Helping Vets

## Wounded Warriors Express Themselves Through Creativity and Conversation

TUCSON, Ariz., Feb. 22, 2018 [/PRNewswire-USNewswire/](#) -- With the help of an experienced artist, injured veterans and their guests created beautiful artwork to decorate their homes during a recent Wounded Warrior Project® (WWP) connection event. The gathering provided an opportunity to add new friends to their social circles in a supportive and relaxed environment.

"I ran into and talked with two warriors I knew from years ago," said Air Force veteran Jerry Honeycutt, "and it was great seeing familiar faces. This event has inspired me to get more involved with other Wounded Warrior Project events in the future."

Isolation is one of the most significant struggles wounded warriors deal with after serving their country. It can be difficult knowing how to overcome that challenge and rekindle bonds similar to those formed in the military.

"This was a great experience and something I haven't tried before," Jerry said. "It pushed me outside of my comfort zone."

Activities like painting and socializing with other veterans can help injured warriors cope with stress and emotional concerns. In a WWP [survey](#) of the injured warriors it serves, more than half of survey respondents (51.6 percent) expressed they talk with fellow veterans to address their mental health issues.

"Wounded Warrior Project offers opportunities to try new things with other veterans who understand having disabilities doesn't have to limit what life has to offer, or reduce the amount of happiness one can have," Jerry said.

To learn and see more about how WWP's programs and services connect, serve, and empower wounded warriors, visit our [newsroom](#).

### **About Wounded Warrior Project**

Wounded Warrior Project® (WWP) connects, serves, and empowers wounded warriors. Read more [here](#).

SOURCE Wounded Warrior Project

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<https://newsroom.woundedwarriorproject.org/2018-02-22-Wounded-Warriors-Express-Themselves-Through-Creativity-and-Conversation>