

WWP News & Media: Veteran Group Outings, Charity Events, Helping Vets

## Tijuana Flats Donates Evening of Fun and Food to Veterans Served by Wounded Warrior Project

PALM BEACH, Fla., July 12, 2017 /[PRNewswire](#)/ -- What's better than a free meal? One enjoyed with family and fellow veterans at an event hosted by Tijuana Flats. Recently, the Tex-Mex restaurant chain supported [veteran nonprofit](#), Wounded Warrior Project® (WWP) by donating an evening of fun and food to warriors served by WWP. Gatherings like this don't just allow wounded veterans to enjoy delicious food – they're also a chance to connect them with other local warriors who share their life experiences.

Like many warriors served by WWP, Army veteran Rachel Heinz has found a renewed sense of purpose. Beyond the benefits of developing support structures and enjoying camaraderie with fellow veterans, she's also found a chance to do something for other wounded warriors.

"At first I started just finding out about Wounded Warrior Project's [benefits services](#)," Rachel said. "But I learned as you get more involved with Wounded Warrior Project, you find there's so much more to do. I know veterans don't like to ask for help, and they're more likely to reach out to one another for their needs. I look forward to sharing what I know with other wounded veterans in my area. Being part of Wounded Warrior Project is just another way that I feel I'm giving back to my country."

Rachel's journey with WWP began after she saw a commercial for the veterans charity on TV. However, she didn't think she would be able to register with the organization because of how she was injured.

"I didn't know I qualified," Rachel said. "I served in Okinawa, but didn't get injured until I came back to the U.S. I did some more research and found out that any service member who served after 9/11 qualified for help if they were injured in their service. That was a big moment for me because it was something I was able to share with other veterans like me who were wondering what help was available to them."

To read more, visit <https://newsroom.woundedwarriorproject.org/Tijuana-Flats-Donates-Evening-of-Fun-and-Food-to-Veterans-Served-by-Wounded-Warrior-Project>.

### **About Wounded Warrior Project**

Wounded Warrior Project® (WWP) connects, serves, and empowers wounded warriors. Read more at <https://newsroom.woundedwarriorproject.org/about-us>.

SOURCE Wounded Warrior Project

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<https://newsroom.woundedwarriorproject.org/2017-07-12-Tijuana-Flats-Donates-Evening-of-Fun-and-Food-to-Veterans-Served-by-Wounded-Warrior-Project>