

WWP News & Media: Veteran Group Outings, Charity Events, Helping Vets

Wounded Warrior Project Helps Veterans Connect at Surfing Clinic

NEW SMYRNA BEACH, Fla., June 30, 2017 /[PRNewswire-USNewswire](#)/ -- As the waves crashed around her, Alyssa Clark accelerated forward, feeling something she hadn't in years.

"I love the water, especially the ocean," Alyssa said. "It brought back memories of surfing, which is difficult for me to do now because of my lack of balance."

Alyssa's balance issues are the result of a traumatic brain injury she suffered while serving in the Navy. Alyssa credits Wounded Warrior Project® (WWP) with connecting her with other veterans and helpful programs and services after she left the military.

"I tend to isolate, so Wounded Warrior Project gets me out doing things and meeting new people. I've made a lot of friends through Wounded Warrior Project.

"I've also learned about resources for post-traumatic stress and my traumatic brain injury. What is out there helps me feel like I am capable because a lot of times I feel like I'm not anymore."

WWP hosted the recent surfing event to get warriors registered with WWP's [Independence Program](#) out of the house to connect with one another.

The program helps the most seriously wounded veterans live life as independently as possible. Independence Program works with each warrior and his or her caregiver to develop goals and a plan to reach them.

Oceans of Hope Foundation donated its day, volunteers, equipment, and expertise to make the surfing experience possible for more than 30 injured veterans.

"I'm grateful for Wounded Warrior Project and Oceans of Hope because I was able to do this. The volunteers were so encouraging and patient. There are things I can't do now that I used to, but this gave me some hope, even if I did need some extra help."

To learn and see more about how WWP's programs and services connect, serve, and empower wounded warriors, visit newsroom.woundedwarriorproject.org, and click on multimedia.

About Wounded Warrior Project

Wounded Warrior Project® (WWP) connects, serves, and empowers wounded warriors. Read more at <http://newsroom.woundedwarriorproject.org/about-us>.

SOURCE Wounded Warrior Project

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Additional assets available online: [Video \(1\)](#)

<https://newsroom.woundedwarriorproject.org/2017-06-30-Wounded-Warrior-Project-Helps-Veterans-Connect-at-Surfing-Clinic>