WWP News & Media: Veteran Group Outings, Charity Events, Helping Vets

Wounded Warrior Project Families Reconnect at Mysterious Coral Castle HOMESTEAD, Fla., June 1, 2017 /<u>PRNewswire-USNewswire</u>/ -- Becky Beyor turned a recent Wounded Warrior Project[®] (WWP) trip to the Coral Castle museum into her family's first outing in more than a year. More importantly, it empowered her to plan more activities with her husband and children.

"Going out as a family has always been on my mind," the wife of National Guard veteran Edwin Tesheep said. "However, doing it is so much harder."

Warriors and their families toured the South Florida castle Ed Leedskalnin spent more than 28 years carving by hand. It is still a mystery how a 100-pound man moved and reshaped more than 1,100 tons of limestone without electricity and water.

That intrigue is what prompted Becky's family to reconnect during the day trip.

"It was huge," she said. "It's hard to find something everyone wants to do. We had a great time, and I think the family is more open to doing other things now. It's a day I won't ever forget."

WWP events like this support the long-term recovery needs of warriors by reintroducing them and their families to the unique bonds experienced during military service. Connecting with fellow service members in the community minimizes isolation and creates a support structure that can greatly benefit the healing process.

The <u>2016 WWP Annual Warrior Survey</u> highlights the importance of connection at WWP outreach events. These settings accommodate physical injuries and social anxieties and support the long-term recoveries of warriors.

Being around other military families provided Army veteran Jean Oriental with a welcomed feeling of comfort.

"I like being around other warriors because they have my back and understand the experience of service," he said. "These kinds of events can be tough when you deal with post-traumatic stress disorder. But I was very relaxed. It took my mind off of the things I am coping with. That's why I will always look for Wounded Warrior Project events like these. How one man built that entire castle is amazing. Everyone learned something interesting, so it was a perfect day."

To learn and see more about how WWP's programs and services connect, serve, and empower wounded warriors, visit <u>https://newsroom.woundedwarriorproject.org/</u>.

About Wounded Warrior Project

Wounded Warrior Project[®] (WWP) connects, serves, and empowers wounded warriors.

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For further information: Rob Louis, Public Relations, RLouis@woundedwarriorproject.org, 904.627.0432

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