New Wounded Warrior Project Mental Health Support Line Acts as Ultimate Battle Buddy

NEW HAVEN, Conn., April 20, 2017 /PRNewswire-USNewswire/ -- Having recently hit a huge milestone of serving more than 100,000 combat warriors – in addition to their families and caregivers – Wounded Warrior Project® (WWP) fully launched one of its highly popular pilot programs. WWP Talk is a mental health support line that is an invaluable, non-clinical form of emotional support for warriors, family members, and caregivers. The program has been a lifeline to more than 2,500 participants to date, with 92 percent reporting satisfaction with WWP Talk in 2016 alone.

"The Talk program saved my life," said Angela Peacock, U.S. Army wounded warrior. "It has helped me get to the heart of things – set goals, challenge myself, and find my own solutions. The person who called me was the only person besides my therapist to provide me unconditional support. His calls gave me something to look forward to and to live to for."

Each week, participants speak with the same helpline support member, developing an ongoing relationship in a safe, non-judgmental outlet to share thoughts, feelings, and experiences. WWP's professionally trained staff help warriors build resilience, develop coping skills, and achieve goals to improve overall quality of health.

"This program takes care of family members, and caregivers too, because we all know post-traumatic stress affects everyone – not just the warrior," said Jorge Mateo, retired U.S. Army veteran and WWP Talk staff. "The work here impacts all of us – warriors and staff. We know our warriors are relying on us to help them through their day, and we stand ready to serve. We are professionally trained veterans and civilians who create a powerful force unlike any other emotional support available to warriors today. We are the ultimate battle buddy."

Through the generous support of donors, the mental health support line is available at no cost to warriors, family members, and caregivers registered with WWP. It serves as a stepping stone in the recovery process for many of them.

To register or learn more about WWP Talk, call the Resource Center at 888.WWP.ALUM (997.2586). To learn and see more about how WWP connects, serves, and empowers wounded warriors, visit http://newsroom.woundedwarriorproject.org/.

About Wounded Warrior Project

Wounded Warrior Project® (WWP) connects, serves, and empowers wounded warriors. Read more at http://newsroom.woundedwarriorproject.org/about-us.

SOURCE Wounded Warrior Project

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Additional assets available online: Video (1)

https://newsroom.woundedwarriorproject.org/2017-04-20-New-Wounded-Warrior-Project-Mental-Health-Support-Line-Acts-as-Ultimate-Battle-Buddy