

WWP News & Media: Veteran Group Outings, Charity Events, Helping Vets

## Veterans Help Veterans with New Wounded Warrior Project Mental Health Support Line

TAMPA, Fla., April 18, 2017 /[PRNewswire-USNewswire](#)/ -- Having recently hit a huge milestone of serving more than 100,000 combat warriors – in addition to their families and caregivers – Wounded Warrior Project® (WWP) fully launched one of its highly popular pilot programs. [WWP Talk](#) is a mental health support line that is an invaluable, non-clinical form of emotional support for warriors, family members, and caregivers. The program has been a lifeline to more than 2,500 participants to date, with 92 percent reporting satisfaction with WWP Talk in 2016 alone.

"The Talk program saved my life," said Angela Peacock, U.S. Army wounded warrior. "It has helped me get to the heart of things – set goals, challenge myself, and find my own solutions. The person who called me was the only person besides my therapist to provide me unconditional support. His calls gave me something to look forward to and to live to for."

Each week, participants speak with the same helpline support member, developing an ongoing relationship in a safe, non-judgmental outlet to share thoughts, feelings, and experiences. WWP's professionally trained staff help warriors build resilience, develop coping skills, and achieve goals to improve overall quality of health.

"This program is the front line – the infantry – of our organization," said Kevin Sosa, retired U.S. Army veteran and WWP Talk staff. "It's easy to lose yourself in service. We are able to ask warriors, family members, and caregivers who they want to be, and we help them chase that person down. We spend our time and good intention to give them the hope that leads them into our other programs – whether [mental health](#) support or [Warriors to Work](#)® – and a life where they don't simply survive – they thrive."

Through the generous support of donors, the mental health support line is available at no cost to warriors, family members, and caregivers registered with WWP. It serves as a stepping stone in the recovery process for many of them.

To register or learn more about WWP Talk, call the Resource Center at 888.WWP.ALUM (997.2586). To learn and see more about how WWP connects, serves, and empowers wounded warriors, visit <http://newsroom.woundedwarriorproject.org/>.

### **About Wounded Warrior Project**

Wounded Warrior Project® (WWP) connects, serves, and empowers wounded warriors. Read more at <http://newsroom.woundedwarriorproject.org/about-us>.

SOURCE Wounded Warrior Project

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Additional assets available online: [Video \(1\)](#)

<https://newsroom.woundedwarriorproject.org/2017-04-18-Veterans-Help-Veterans-with-New-Wounded-Warrior-Project-Mental-Health-Support-Line>