

WWP News & Media: Veteran Group Outings, Charity Events, Helping Vets

Wounded Warrior Project Veterans Volunteer at Pacific Aviation Museum

HONOLULU, Feb. 2, 2017 /[PRNewswire-USNewswire](#)/ -- During a recent Wounded Warrior Project® (WWP) connection event at the Pacific Aviation Museum Pearl Harbor, injured veterans cleaned and performed maintenance on planes and helicopters. The activities were part of the museum's Adopt an Aircraft program. In addition to helping their local community, participants experienced the benefits of getting out of the house and connecting with fellow service members.

WWP volunteers toured the museum with a group from Team Red, White & Blue before getting to work. Participants cleaned the aircraft in Hangar 79, pausing only for lunch, which gave them an opportunity to get to know one another.

"This event was a sign that I have more to offer society after leaving service besides just my post-traumatic stress disorder," said Army veteran Edwin Rosas. "These activities not only connect us with other warriors but also provide a sense of accomplishment and contribution to the community as a whole."

Connection events support the long-term recovery needs of warriors by reintroducing them to the unique bonds experienced during military service. In a [WWP survey](#) of the injured warriors it serves, more than half of survey respondents (51.7 percent) talked with fellow veterans to address their mental health issues, and 29.6 percent expressed physical activity helps.

"I'm still finding my new normal, but being involved with Wounded Warrior Project keeps me going," said Army veteran Norene Tunstall. "By gathering in a safe environment, I can get out and feel like I belong with other veterans."

Staff members interacted with attendees throughout the day and advised them of additional services to support their recoveries. WWP programs and services assist injured veterans with mental health, physical health and wellness, career and benefits counseling, and connecting with other warriors and their communities. Generous donors make it possible for wounded warriors to take part in outreach activities and benefit from program resources at no cost to them.

To learn and see more about how WWP's programs and services connect, serve, and empower wounded warriors, visit <http://newsroom.woundedwarriorproject.org/>, and click on multimedia.

About Wounded Warrior Project

Wounded Warrior Project® (WWP) connects, serves, and empowers wounded warriors. Read more at <http://newsroom.woundedwarriorproject.org/about-us>.

SOURCE Wounded Warrior Project

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