

WWP News & Media: Veteran Group Outings, Charity Events, Helping Vets

## Wounded Warrior Project Holds National Training for Veterans in Peer-to-Peer Mentoring

SAN ANTONIO, Jan. 27, 2017 /PRNewswire-USNewswire/ -- Wounded Warrior Project® (WWP) will hold a national training seminar on mentoring for injured veterans Jan. 27-29 at the local San Antonio office. The innovative, three-day training workshop takes peer-to-peer warrior mentors through an intense curriculum that includes suicide awareness, mental health overview, and peer support ethics. After completing the workshop, the injured veterans return to their hometowns with the skill sets to facilitate a support group for local wounded warriors.

Peer support plays an important role in the recovery process as injured veterans rely upon one another's learned experiences when managing day-to-day challenges. This special type of therapy reintroduces injured veterans to the unique bonds experienced during military service. Rarely duplicated in the civilian world, these relationships act as a secure bedrock that paves the road to recovery.

WWP offers a variety of programs and services that assist injured veterans with mental health, physical health and wellness, career and benefits counseling, and connecting with other warriors and their communities. Generous donors make it possible for wounded warriors to take part in connection activities and benefit from program resources at no cost to them.

To learn more about how WWP's programs and services are making an impact on the lives of wounded warriors, visit <http://newsroom.woundedwarriorproject.org/>. To find photos from peer-to-peer warrior support groups across the nation, click on multimedia, images, then peer support.

**Who:** All media are invited.

**What:** Warriors are available for interviews. Photo, video opportunities during support group facilitation role.

**When:** 10:00 am – 12:30 pm on Saturday, Jan. 28

**Where:** Wounded Warrior Project, 12672 Silicon Dr. #105, San Antonio, Texas, 78249

**Why:** Peer-to-peer warrior support plays a critical role in the recovery process.

### About Wounded Warrior Project

Wounded Warrior Project® (WWP) connects, serves, and empowers wounded warriors. Read more at <http://newsroom.woundedwarriorproject.org/about-us>.

## SOURCE Wounded Warrior Project

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Additional assets available online: [Photos \(1\)](#)

<https://newsroom.woundedwarriorproject.org/2017-01-27-Wounded-Warrior-Project-Holds-National-Training-for-Veterans-in-Peer-to-Peer-Mentoring>