

WWP News & Media: Veteran Group Outings, Charity Events, Helping Vets

## Veterans Fly High While Indoor Skydiving with Wounded Warrior Project

CHICAGO, Jan. 20, 2017 /[PRNewswire-USNewswire](#)/ -- A group of Wounded Warrior Project® (WWP) veterans recently experienced the thrill of skydiving indoors. At iFly Indoor Skydiving, warriors tackled an exciting new activity while experiencing the benefits of connecting with fellow service members and their local community.

As the evening began, participants enjoyed pizza while instructors performed stunts for the audience's entertainment. Then warriors and guests suited up and took their turns to fly.

"The evening was a real confidence-builder," said Army veteran Juan Sandoval. "I really appreciate everything Wounded Warrior Project does for us. This event helped me start my year off right."

These connection activities support the long-term recovery needs of warriors by reintroducing them to the unique bonds experienced during military service. In a [WWP survey](#) of the injured warriors it serves, more than half of survey respondents (51.7 percent) talked with fellow veterans to address their mental health issues, and 29.6 percent expressed physical activity helps.

"Being part of something larger than myself was what I loved about the military," said Navy and Army veteran Douglas Kollar. "As a part of the Wounded Warrior Project family, I once again feel like I belong. Being around other warriors empowers us to support one another."

WWP staff spent part of the evening advising attendees of additional services to assist in their recovery processes. WWP offers a variety of programs that help injured veterans with mental health, physical health and wellness, career and benefits counseling, and connecting with other warriors and their communities. Generous donors make it possible for wounded warriors to take part in outreach activities and benefit from program resources at no cost to them.

"Taking part in these activities with other veterans makes me feel normal again, but Wounded Warrior Project staff really help make the event for me," Douglas said. "I don't know if it is the love they have for what they do or the love they have for us that keeps me coming back, but when I'm there, I feel like someone who matters again."

To learn and see more about how WWP's programs and services connect, serve, and empower wounded warriors, visit <https://newsroom.woundedwarriorproject.org/>.

### About Wounded Warrior Project

Wounded Warrior Project® (WWP) connects, serves, and empowers wounded warriors.

SOURCE Wounded Warrior Project

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