WWP News & Media: Veteran Group Outings, Charity Events, Helping Vets

Wounded Warrior Project Empowers Veterans to Connect at Hockey Game

ONTARIO, Calif., Jan. 13, 2017 /PRNewswire-USNewswire/ -- A group of injured veterans witnessed nonstop hockey action during a recent Wounded Warrior Project® (WWP) outing to see the Ontario Reign take on the Stockton Heat. As warriors and

their guests watched the game, they experienced firsthand what is possible at social gatherings that get them out of the house

and connected with fellow service members.

Isolation is one of the most significant struggles wounded warriors deal with after serving their country. It can be difficult knowing

how to overcome that challenge and rekindle bonds similar to those formed in the military.

"I try to be part of Wounded Warrior Project outings whenever I can," said Marine Corps veterarRolf Blum. "Getting out to do

something empowers me to step out of my comfort zone and meet with other veterans who are going through the same things

as me. That gives me a sense of safety and a feeling of peace."

For many warriors, the experiences they had in the military were some of the best of their lives, filled with fellowship, meaning,

and direction. These connection activities support the long-term recovery needs of warriors by reintroducing them and their

families to the unique bonds experienced during military service – in environments that accommodate physical injuries and

social anxieties.

In a WWP survey of the injured warriors it serves, more than half of survey respondents (51.7 percent) talked with fellow

Operation Enduring Freedom, Operation Iraqi Freedom, or Operation New Dawn veterans to address their mental health issues.

Staff members closely interacted with attendees throughout the evening, advising them of additional services to assist in their

recoveries. WWP offers a variety of programs and services that help injured veterans with mental health, physical health and

wellness, career and benefits counseling, and connecting with other warriors and their communities. Generous donors make it

possible for wounded warriors to take part in outreach activities and benefit from program resources at no cost to them.

To learn more about how WWP's programs and services connect, serve, and empower wounded warriors, visit

https://newsroom.woundedwarriorproject.org/.

About Wounded Warrior Project

Wounded Warrior Project® (WWP) connects, serves, and empowers wounded warriors.

SOURCE Wounded Warrior Project

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