WWP News & Media: Veteran Group Outings, Charity Events, Helping Vets

Wounded Warrior Project Veterans Enjoy Holiday Meal with Family and Friends

SAN DIEGO, Dec. 29, 2016 /PRNewswire-USNewswire/ -- With Thanksgiving in the past and more holidays ahead, Wounded Warrior Project[®] (WWP) recently provided injured veterans and guests a break from the hustle and bustle of the season. The group attended a holiday dinner at the Marine Corps Recruit Depot's Bay View Restaurant. As they dined and socialized, injured veterans experienced firsthand what is possible at social events that connect them with fellow service members.

"I have a hard time getting out of the house, and activities like this help me," said Coast Guard veteralKristopher Moorehead. "I know I'm going to be around other people who are like me, so we're already on the same page. Plus, we often get to do things that we wouldn't normally do, which has been very good for my family."

To start off the evening, guests were organized into teams for a variety of challenges. Each group had to work together on word and memory games to win holiday-themed prizes, including home decorations and cookie-making kits. Once dinner was ready, the group sat down to stuffed chicken, prime rib, vegetables, and pumpkin pie. By the end of the evening, veterans were exchanging phone numbers with new friends they had made.

"I thought this outing would be a nice way to connect with other veterans and families," said Marine Corps veterarkatie Krefft.

"We had a delicious meal and played some fun games. It was really cool."

"My family and I have benefited from doing things outside of our comfort zones and normal routines," Katie said. "It means increased confidence and better social and coping skills. We've learned a lot, and we have been able to share that information with the friends we have made."

WWP staff members interacted with attendees throughout the evening, advising them of additional services to assist in their recovery processes. They learned about how the Warriors to Work® program bridges the gap between injured veterans and civilian employers. Through the generosity of donors, these resources, programs, and outreach activities are available to warriors and family members at no cost to them.

To learn more about how WWP's programs and services are making an impact on the lives of wounded warriors, visit https://newsroom.woundedwarriorproject.org/. To find photos from this event, click on multimedia, then images.

About Wounded Warrior Project

We Connect, Serve, and Empower

The mission of Wounded Warrior Project[®] (WWP) is to honor and empower Wounded Warriors. WWP connects wounded warriors and their families to valuable resources and one another, serves them through a variety of free programs and services, and empowers them to live life on their own terms. WWP is a national, nonpartisan organization headquartered in Jacksonville, Florida. To get involved and learn more, visit woundedwarriorproject.org.

SOURCE Wounded Warrior Project

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