

WWP News & Media: Veteran Group Outings, Charity Events, Helping Vets

Warrior Families on Track with Recovery at B&O Railroad Museum

BALTIMORE, Dec. 21, 2016 /[PRNewswire-USNewswire](#)/ -- Wounded Warrior Project® (WWP) veterans, family members, and guests recently spent a day exploring the B&O Railroad Museum in Baltimore, Maryland. The event was one of WWP's gatherings that educates warriors, their families, and caregivers about additional programs and services to help in the recovery process, creates support through shared experiences, and builds camaraderie by connecting injured veterans to one another and warrior families.

Often, the road to recovery begins by getting out of the house and back into an active lifestyle. WWP program events and activities are held in settings that accommodate physical injuries and social anxieties and often introduce warriors to the benefits of connecting with other injured veterans and getting involved with their communities.

In a [WWP survey](#) of the injured warriors it serves, more than half of survey respondents (51.7 percent) talked with fellow Operation Enduring Freedom, Operation Iraqi Freedom, or Operation New Dawn veterans to address their mental health issues.

"Establishing the warrior-to-warrior support structure in the civilian world is vital as veterans rely upon one another's learned experiences when managing day-to-day challenges," said WWP CEO Mike Linnington. "Thanks to the generous support of donors, in 2016, WWP was able to support more than 66,000 warriors and their family members through this free, essential connection program."

While learning about Baltimore's industrious history, participants celebrated the the holiday season with a private train ride with Santa. Children spent one-on-one time with Santa as he walked through the train to meet each warrior family. After the ride, families indulged in milk and cookies during a special story time with Mrs. Claus.

WWP offers a variety of programs and services that assist injured veterans with mental health, physical health and wellness, career and benefits counseling, and connecting with other warriors and their communities. These resources empower warriors to achieve educational and employment goals, maintain independence, and stay connected with their families, communities, and one another. Generous donors make it possible for wounded warriors to take part in connection activities and benefit from program resources at no cost to them.

To learn more about how WWP's programs and services are making an impact on the lives of wounded warriors, visit <https://newsroom.woundedwarriorproject.org/>.

About Wounded Warrior Project

We Connect, Serve, and Empower

The mission of Wounded Warrior Project® (WWP) is to honor and empower Wounded Warriors. WWP connects wounded warriors and their families to valuable resources and one another, serves them through a variety of free programs and services, and empowers them to live life on their own terms. WWP is a national, nonpartisan organization headquartered in Jacksonville, Florida. To get involved and learn more, visit woundedwarriorproject.org.

SOURCE Wounded Warrior Project

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Additional assets available online: [Video \(1\)](#)

<https://newsroom.woundedwarriorproject.org/2016-12-21-Warrior-Families-on-Track-with-Recovery-at-B-O-Railroad-Museum>