

# Wounded Warrior Project Takes Veterans to FSU Football Facilities

TALLAHASSEE, Fla., Dec. 13, 2016 /[PRNewswire-USNewswire](#)/ -- Wounded Warrior

Project® (WWP) took a group of veterans and their families to tour the football facilities at Florida State University (FSU) recently. The warriors and families visited the trophy room, the locker room, and the field. They had opportunities to bond with one another and forge friendships similar to those formed in the military, and they even met with Seminoles head coach Jimbo Fisher.

"He was just as humbled to meet us as we were him," said National Guard veteran Brad Downey. "He was very genuine – as you would imagine – and very gracious to everyone from Wounded Warrior Project and their guests. For him to take that brief moment with us before a game is just an example of what a great person he truly is."

Army veteran Bergen Bloomquist enjoyed that interaction as well.

"We were very impressed that he took so much time with each one of us and then spoke to the group as a whole," Bergen said. "He signed a miniature helmet and took a picture with my wife and me."

Watching FSU get its team ready to compete on the field was among the highlights for the warriors.

"To see the way these athletes are transformed into high-performing machines and how FSU takes impeccable care of them is incredible," Brad said. "They maintain not only their physical health but also their mental health."

Does that sound familiar? WWP focuses heavily on improving the mental and physical health and wellness of all registered warriors. Through outreach events like this one, veterans and their families connect with one another in social settings that accommodate physical injuries and social anxieties. This can help create new support structures and remind veterans they are not alone.

"For me, Wounded Warrior Project means camaraderie," Bergen said. "These events are a welcome time to get out of the house and I feel I can somewhat let my guard down "