

WWP News & Media: Veteran Group Outings, Charity Events, Helping Vets

## Warriors Participate in Flight 93 Memorial Project

### **Volunteer Group Honors Fallen**

STOYSTOWN, Pa., June 30, 2016 /[PRNewswire-USNewswire](#)/ -- As the nation learned about terrorist attacks on the World Trade Center and Pentagon on 9/11, a brave group of passengers aboard United Flight 93 were fighting back against terrorists who hijacked their plane and redirected it toward Washington, DC. While their actions ensured the hijackers never reached their intended target, the plane crash-landed in a field in Shanksville, Pennsylvania. A Flight 93 National Memorial was erected to honor those who lost their lives in the attack.

Wounded Warrior Project® (WWP) warriors and family members were recently invited to be part of a community service project at the National Memorial. These events give participants a chance to interact with their fellow warriors as well as WWP program specialists, who can provide information and guidance about additional services, further aiding in the recovery process.

The participants gathered together to give back by washing windows at the visitor center and the memorial museum. After the work was done, participants ate lunch and toured the grounds of the memorial, listening to a recap of events on that fateful day, and how the 44 passengers and crew of Flight 93 saved an unknown number of lives by stopping the plane from reaching the nation's capital.

"This was my first visit to the Flight 93 National Memorial," said Amie McClintic, current active duty Army. "I was interested in giving back to the victims and families during this event. Being able to serve alongside other warriors was a very rewarding experience."

It was the third visit to the memorial for Army veterans Julie and Ron Packard. Ron said the couple likes to participate in WWP events whenever they can.

"We volunteered for this event because WWP does so much for me, and we wanted to give something back by helping out," Ron said. "If needed, we will do it again. We feel that as veterans, we need to give back not only to WWP but also the community, for what they've done for us."

In addition to giving back to the community, Amie said being part of events like this plays a big role in her personal road to recovery.

"Just being around other warriors and taking part in events like this really supports the social and emotional part of healing," she said. "I have really struggled with isolation during my struggle with post-traumatic stress disorder. Getting out with other warriors and WWP staff in safe, relaxed environments really helps."

### **About Wounded Warrior Project**

The mission of Wounded Warrior Project® (WWP) is to honor and empower Wounded Warriors. The WWP purpose is to raise awareness and to enlist the public's aid for the needs of injured service members, to help injured servicemen and women aid and assist each other, and to provide unique, direct programs and services to meet their needs. WWP is a national, nonpartisan organization headquartered in Jacksonville, Florida. To get involved and learn more, visit [woundedwarriorproject.org](http://woundedwarriorproject.org).

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SOURCE Wounded Warrior Project

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<https://newsroom.woundedwarriorproject.org/2016-06-30-Warriors-Participate-in-Flight-93-Memorial-Project>