

Wounded Warriors Enter the Wild

WHITEFORD, Md., June 14, 2016 /PRNewswire-USNewswire/ -- They had a hot dog roasting, trail hiking, s'more eating good time. "It was an amazing outdoor adventure," says U.S. Army veteran Bryan Asaf, who took his wife and three children on the 2nd annual Wounded Warrior Project® (WWP) family camping trip in collaboration with the Boys Scouts® of Chesapeake.

They relaxed, experienced nature, and "we got to hang out with other veterans," says Bryan, who completed two tours in Iraq and, at one point, wasn't sure if he would ever enjoy another family outing. He suffers from two traumatic brain injuries after improvised explosive devices detonated beneath his tanker truck. "One lifted our truck off the ground and slammed it back down. It knocked me unconscious."

Bryan says the camping trip and other WWP events have helped in his healing process and that's why he tries to get other veterans involved. "Thanks to WWP, I have enjoyed many amazing events and made some great friends all over the world."

Bryan made some new friends on the camping trip when he caught a black snake that slithered its way across the archery area. "It wasn't venomous," says Bryan, "so, I let the kids touch it, ask questions, and take pictures."

The group also enjoyed swimming, bonfires, dodge ball, and the .22 rifle range. They wrapped up the weekend by watching *The Sandlot* outdoors. The movie tells the story of a group of young baseball players during the summer of 1962.

Bryan says it was an adventure definitely worth taking, allowing wounded warriors and their families time to unplug from daily stresses. To learn more about how WWP is helping warriors returning home from war, visit

<https://www.woundedwarriorproject.org/programs/mental-wellness/veteran-ptsd-treatment-support-resources>.

About Wounded Warrior Project

The mission of Wounded Warrior Project® (WWP) is to honor and empower Wounded Warriors. WWP's purpose is to raise awareness and to enlist the public's aid for the needs of injured service members, to help injured servicemen and women aid and assist each other, and to provide unique, direct programs and services to meet their needs. WWP is a national, nonpartisan organization headquartered in Jacksonville, Florida. To get involved and learn more, visit

<https://www.woundedwarriorproject.org/>.

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