

WWP News & Media: Veteran Group Outings, Charity Events, Helping Vets

Family Bonds On Target

### **Archery Event a Bullseye for WWP Families**

DUNCANSVILLE, Pa., April 6, 2016 /[PRNewswire-USNewswire](#)/ -- Wounded Warrior Project® (WWP) Alumni and their family support members aimed their efforts at one common target, family-bonding time, during a recent Freedom Archery event in Duncansville, Pa.

"This was my first Wounded Warrior Project Alumni event," said Paul Pontecorvo, U.S. Marine Corps veteran and WWP Alumnus, who attended the archery event with his 5-year-old daughter. "I understand now why these events are so helpful – they keep you active and engaged with your family and other veterans."

This event was offered as part of the WWP Alumni program, which provides long-term support and camaraderie for wounded veterans through sporting events, outdoor and recreational activities, and educational sessions. During these events, WWP staff is able to interact with attendees, informing them of the 20 free programs and services that directly impact wounded service members, their families, and caregivers.

This Alumni event allowed families an opportunity to bond over bows and arrows while shooting at the Freedom Archery Shop range. Attendees ranged in skill level, but instructors were available for those wanting to learn more and hone their skills. After the day of activities, Alumni and their families were able to enjoy pizza and snacks.

"I don't really get out too much," said Paul. "Then, when I can get out, there aren't many activities I can share with my daughter because she is small and young – but this event was perfect. It was her first time shooting a bow, and the instructors were very patient with her."

WWP believes that living a healthy lifestyle is crucial in the recovery process. As such, the organization created its Physical Health and Wellness (PH&W) program, which provides year-round seasonal fitness, sporting, and exercise activities. Though PH&W, WWP assists with the healing process by getting injured warriors out the door, active, and engaged.

"It's hard to find activities me and my daughter can enjoy together so this was very helpful. Very helpful," Paul stressed. "We had a great time together. It's good for her to see a side of me that she doesn't get to experience very often."

In February alone, 905 wounded veterans took part in the PH&W program.

<https://www.woundedwarriorproject.org/programs/peer-support>.

### **About Wounded Warrior Project**

The mission of Wounded Warrior Project® (WWP) is to honor and empower Wounded Warriors. The WWP purpose is to raise awareness and to enlist the public's aid for the needs of injured service members, to help injured servicemen and women aid and assist each other, and to provide unique, direct programs and services to meet their needs. WWP is a national, nonpartisan organization headquartered in Jacksonville, Florida. To get involved and learn more, visit [woundedwarriorproject.org](http://woundedwarriorproject.org).

Photo - <http://photos.prnewswire.com/prnh/20160406/352064>

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