

WWP News & Media: Veteran Group Outings, Charity Events, Helping Vets

Wounded Warrior Project Peer Support Meetings Move Wounded Veterans Toward Recovery **Making a Commitment to Others Moves a Veteran to a Better Place**

HONOLULU, Jan. 27, 2016 /[PRNewswire-USNewswire](#)/ -- Members attending Wounded Warrior Project® (WWP) Peer Support groups see the benefits of keeping a commitment.

On any given week there are hundreds of Wounded Warrior Peer Support members from 20 Peer Support teams meeting across the country, in a variety of activities and service. One veteran recently shared how attending the weekly meetings with the Hawaii Peer Support group has a positive impact on his recovery.

"By meeting weekly, I got to know other wounded warriors well. I felt a commitment to them to show up," said the Peer Support group member. "So I did, even on days when I was hurting, feeling down, or just wanted to stay home and isolated. This has allowed me to move forward in my recovery. I still have a ways to go, but I am in a better place these days."

Through WWP's Peer Support program, wounded service members and caregivers find encouragement and support through their shared experiences. WWP Peer Support groups are facilitated by the members who are further along in the recovery process and have received training specifically designed to help them support their WWP peers along the road to recovery.

The goal of the WWP Peer Support program is for every warrior in need of support to eventually reach a point in their recovery where they can provide support to others, thus embodying the WWP logo of one warrior carrying another. By becoming a peer mentor, injured veterans who once were the warrior being carried have the opportunity to become the warrior who carries others.

If you or someone you know is interested in learning more about WWP Peer Support groups, please contact the WWP Resource Center at resourcecenter@woundedwarriorproject.org or 888.WWP.ALUM (997.2586).

About Wounded Warrior Project

The mission of Wounded Warrior Project® (WWP) is to honor and empower Wounded Warriors. WWP's purpose is to raise awareness and to enlist the public's aid for the needs of injured service members, to help injured servicemen and women aid and assist each other, and to provide unique, direct programs and services to meet their needs. WWP is a national, nonpartisan organization headquartered in Jacksonville, Florida. To get involved and learn more, visit woundedwarriorproject.org.

Logo - <http://photos.prnewswire.com/prnh/20160125/325622>

SOURCE Wounded Warrior Project

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<https://newsroom.woundedwarriorproject.org/2016-01-27-Wounded-Warrior-Project-Peer-Support-Meetings-Move-Wounded-Veterans-Toward-Recovery>