

Wounded Warrior Project Announces Public Launch of Restore Warriors

Jacksonville, FL (April 10, 2012) – Wounded Warrior Project™ (WWP), whose mission is to honor and empower Wounded Warriors, today announced the public launch of Restore Warriors™, an online resource that will assist in the process to seek out the appropriate means of mental health treatment.

The truly interactive website is designed to help injured service men and women dealing with the invisible mental health wounds of war, such as Post-Traumatic Stress Disorder (PTSD) or combat and operational stress. Restore Warriors features video diaries of warriors sharing personal experiences with combat and operational stress and helpful coping strategies the warriors used to overcome these issues.

The available resources allow warriors to evaluate their readjustment and practice self-help techniques or access professional help if necessary. The site also includes a brief self-assessment questionnaire for warriors with individualized, specific areas of concentration to help them heal as they realize they are not alone.

“Restore Warriors offers tools and strategies to help warriors help themselves as they learn from each other,” said Jeremy Chwat, chief program officer, Wounded Warrior Project. “The invisible wounds of war – Traumatic Brain Injury (TBI) and Post Traumatic Stress Disorder (PTSD) – in many ways have surpassed the visible as the signature injury in the Iraq and Afghanistan conflicts. By publicly launching this online resource, WWP is providing what will become, for many, the first step in the process to seek out the appropriate means of mental health treatment.”

Once a private site, Restore Warriors is now a publicly-accessible program allowing easy-access for WWP Alumni, family members and the general public. While ultimately created for Wounded Warriors, other populations may find the information useful and informative.

For more information, visit the Restore Warriors™ website at restorewarriors.org.

About Wounded Warrior Project™

The mission of Wounded Warrior Project™ is to honor and empower wounded warriors. WWP’s purpose is to raise awareness and to enlist the public’s aid for the needs of injured service members, to help injured servicemen and women aid and assist each other, and to provide unique, direct programs and service to meet their needs. WWP is a national, nonpartisan organization headquartered in Jacksonville, Florida. To get involved and learn more, visit woundedwarriorproject.org.

<https://newsroom.woundedwarriorproject.org/2012-04-10-Wounded-Warrior-Project-Announces-Public-Launch-of-Restore-Warriors>