

Jacksonville Jumbo Shrimp Host Veterans Served by Wounded Warrior Project

JACKSONVILLE, Fla., Aug. 10, 2017 /[PRNewswire-USNewswire](#)/ -- The Jacksonville Jumbo Shrimp recently welcomed warriors and family members served by Wounded Warrior Project® (WWP) for a night of baseball, fireworks, and camaraderie. Gatherings like this don't just allow wounded veterans to enjoy a night out with family members – they're also a chance to connect with other local warriors who share their life experiences. These relationships can be instrumental in building support systems that help with recovery from the wounds of war.

"Baseball has always been one of my favorite sports to watch," said Navy veteran Clint Haskell. "I haven't lived in Florida very long, and I haven't been to a game in years. Being back in the atmosphere of the ballpark was a great feeling. And I connected with some veterans I had not met before. No matter how many times you attend a Wounded Warrior Project event, you can always meet someone new who can give advice or perspective on life and its challenges."

Isolation is one of the most significant struggles wounded warriors deal with after serving their country. In a [WWP survey](#) of the injured warriors it serves, more than half of survey respondents (51.7 percent) talked with fellow veterans to address their mental health issues.

"One thing that surprised me about the evening was how I was able to continue growing more comfortable in a social setting, especially as one as hectic as a ballgame," Clint said. "Those conditions used to send me over the edge, but it really opened my eyes to see how far my wife and I have come over the years. A lot of that has been because of constant exposure to these kinds of environments."

Thanks to generous donors, WWP programs and services are offered free of charge to warriors, their caregivers, and families, and they assist with mental health, physical health and wellness, career and benefits counseling, connecting warriors with one another and their communities, and long-term care for the most seriously wounded.

About Wounded Warrior Project

Wounded Warrior Project® (WWP) connects, serves, and empowers wounded warriors. Read more at <https://newsroom.woundedwarriorproject.org/about-us>.

SOURCE Wounded Warrior Project

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