

Injured Veterans Join Wounded Warrior Project for Motorcycle Ride

SAN DIEGO, April 3, 2017 /[PRNewswire-USNewswire](#)/ -- During a recent Wounded Warrior Project® (WWP) motorcycle event, injured veterans shared their love of the open road and experienced what is possible at social events that get them out of the house and connect them with fellow service members and their community.

Riders gathered in the morning, saddled up, and set out from San Diego to the March Field Air Museum. Warriors were given a private tour of the museum, where they got a glimpse of the evolution of military aviation in America.

"I have been wanting to get involved with a motorcycle riding group but was extremely hesitant," said Navy veteran Lisha Brown. "But once I learned more about the event, some of my fear was put at ease. I'm glad I was encouraged to participate because I love connecting with other veterans who may be experiencing the same issues as me."

These connection activities support the recovery needs of warriors by reintroducing them to the bonds experienced during military service. In a [WWP survey](#) of the injured warriors it serves, more than half of survey respondents (51.7 percent) talked with fellow veterans to address their mental health issues, and 29.6 percent expressed physical activity helps.

"Camaraderie – that's what we know from our time in the military," Lisha said. "I think connecting with other veterans is priceless, and the Wounded Warrior Project staff is awesome. They bring so much caring, knowledge, and – above all – a compassionate spirit that we don't usually get after we have disconnected from the military."

Following the museum tour, warriors gathered for lunch and learned about various WWP programs that could assist them in their recoveries. Thanks to generous donors, WWP programs and services are offered free of charge to warriors, their caregivers, and families, and they help with mental health, physical health and wellness, career and benefits counseling, connecting warriors with one another and their communities, and long-term care for the most seriously wounded.

To learn and see more about how WWP's programs and services connect, serve, and empower wounded warriors, visit <https://newsroom.woundedwarriorproject.org/>.

About Wounded Warrior Project

Wounded Warrior Project® (WWP) connects, serves, and empowers wounded warriors.

SOURCE Wounded Warrior Project

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